



# W K C

## WORLD KARATE CONFEDERATION

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### SENIORS

#### KATA:

All Kata's performed **must be** from the official WKC Kata list: (*Rules of Karate Competition Part D, Article 9, Appendix IV*).

#### Unlimited Entry for all Categories

### SENIORS

18 years +

All competitors must be a minimum age of 18 years old on the day of competition.

### SENIORS

40 years +

All competitors must be a minimum age of 40 years old on the day of competition.

**Kata (Individual & Team)**  
**Male & Female**

#### Belt/Grade

#### Kata

All Grades

1<sup>st</sup> Round: Only Round 1 Shitei

2<sup>nd</sup> Round: Only Round 2 Shitei

Final: Only Round 3 Shitei

Competitors cannot repeat a kata.

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**Kata Team**  
**Male & Female**  
by Style *and* by Federation

**Categories in individual Styles with less than 3 competitors in the same age group may be merged together into a “Mixed-Style Category”.**  
**(Information regarding this will be sent by Email after the registration deadline).**

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**SENIORS**

**KUMITE:**

Unlimited Entry for all Categories

**Kumite Individual**  
**Male & Female**

Shobu Sanbon (Fighting time: 3 minutes)

Weight categories:

Male:        -68;    -78;    78+ kg

Female:      -55;    -60;    60+ kg

Shobu Ippon (Fighting time: 2 minutes)

Male:        Open weight

Female:      Open weight

**Categories in the same age group with less than 4 registered competitors may be merged together.**

**(Information regarding this will be sent by Email after the registration deadline).**

**Kumite Team**  
**Male & Female**  
**Shobu Ippon + Shobu Sanbon**  
(3 competitors + 1 reserve)